

"A moment of self-compassion can change your entire day.
A series of such moments can change the course of your life."
- Chris Germer, MSC co-founder

Mindful Self-Compassion Short Course

for Mental Health Professionals and Students

Patricia Isis PhD, ATR-BC, LMHC-QS, ATCS

TUESDAYS, WEEKLY

Jan 12, 19, 26 and Feb 2, 9, 16

7:00 to 8:30 pm EST

(Includes 15 minute break)

COURSE FEE

\$300.00

for six weekly sessions

\$200.00

*for students with ID

CONTINUING EDUCATION*

\$50.00

*9 continuing education units through the Art Therapy Credentials Board

How to pay

Zelle



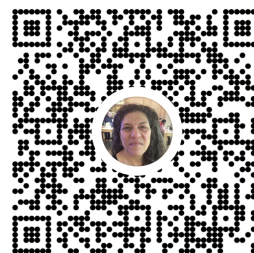
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Questions or to register:

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